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Seasons of CHANGE

Christians Helping Arrange New Growth Enterprises

CHANGE, Inc. is a United Way & Community Action Agency, Community Health Center, and receives federal, state & local funding.



NATIONAL BREAST CANCER AWARENESS MONTH

October is National Breast Cancer Awareness Month (NBCAM). Since the Breast & Cervical Cancer Screening Program (BCCSP) began in 1985, mammography rates have more than doubled for women age 50 and older and breast cancer deaths have declined.

This is exciting progress, but there are still women who do not take advantage of early detection at all and others who do not get screening mammograms and clinical breast

exams at regular intervals. "If all women age 40 and older took advantage of early detection methods, breast cancer death rates would drop much further, up to 30%," says Debbie Savage, BCCSP Coordinator. "The key to mammography screening is that it be done routinely - once is not enough."

In observance of Breast Cancer Awareness Month, CHANGE, Inc. will hold a wreath hanging ceremony with special guest Terri

Jeziarski, a breast cancer survivor. The ceremony will take place in the first floor lobby of CHANGE, Inc. at 1:30 PM on October 8, 2008. The event will be followed by a small reception.

For more information about the BCCSP, or to schedule a breast health presentation for your company, call Debbie at 304-797-7733.



NEW NURSE PRACTITIONER HIRED



CHANGE, Inc. is pleased to welcome Barb Fahey as their newest Nurse Practitioner.

Barb comes to FMC from Riverside Medical of Ohio, where she worked since 2002. Licensed in WV, OH and PA, Barb has also been certified through the American Nurses Credentialing Center.

"I am excited to join the staff of FMC, and I look forward to being able to help provide quality medical care to the residents of the Ohio Valley."

"We are pleased Barb joined our family. FMC has grown considerably over the past few years, and Barb's expertise will help us meet the ever growing need for quality health care in the Ohio Valley. With a third provider, we will be able

to see more patients each day, and decrease the wait time for an appointment," said Judy Raveaux, CEO of CHANGE, Inc.

Barb graduated from Franciscan University of Steubenville, and continued her education at Duquesne University where she obtained a Masters in Nursing and Post Masters Certificate as a Family Nurse Practitioner.

Inside this issue:

GoodSearch Raises Funds For Agency	2	Right From The Start Program Starts At CHANGE	3
FMC Completes First Patient Satisfaction Survey	2	Lighthouse Plans Activities For DV Awareness Month	4
St. Paddy's Fest Fast Approaching	3		

Upcoming Events

Domestic Violence Awareness Month
Breast Cancer Awareness Month
October 8 - Wreath Hanging
October 8 - Wear Pink Day

Sign Up for CHANGE, Inc.'s Paperless Newsletter at www.changeinc.org

GOODSEARCH RAISES FUNDS FOR AGENCY



What if CHANGE, INC. earned a penny every

time you searched the Internet? Or how about if a percentage of every purchase you made online went to support our agency? Well, now it can!

GoodSearch.com is a new Yahoo-powered search engine that donates half its advertising revenue, about a penny per search, to the charities its users designate. Use it just as you would any search engine, get quality search results from Yahoo, and watch the donations add up!

GoodShop.com is a new online shopping mall which donates up to 37 percent of each purchase to your favorite

cause! Hundreds of great stores including Amazon, Target, Gap, Best Buy, ebay, Macy's and Barnes & Noble have teamed up with GoodShop and every time you place an order, you'll be supporting CHANGE, Inc.

Just go to www.goodsearch.com and be sure to enter Change, Inc. as the charity you want to support. (Make sure you choose our agency, as there is another CHANGE, Inc. in MD). And, be sure to spread the word!

The easiest way to use GoodSearch is to download the GoodSearch Toolbar. Go to the GoodSearch site, and click on [Add GoodSearch to your IE, Firefox, or Mac toolbar](#) for download instructions. Once downloaded, and our agency chosen the first time, the toolbar automatically donates to CHANGE, Inc. every time you

use the toolbar to search.

All of your searches will count toward donations except for the following: 1) image searches; 2) video searches; 3) "search this site" searches; 4) searches for URL's (i.e., search terms ending in .com, .org, .net, .edu); 5) searches to sites for which the URL is well known such as HotMail, ESPN, MySpace, Facebook, GMail, AOL, etc.; 6) searches for stock quotes; 7) searches for word definitions, and 8) any searches generated from fraudulent use of the site.

Help CHANGE, Inc. raise additional funds to support the numerous programs and services offered to residents of the Ohio Valley by using GoodSearch for all your internet search needs.

FMC COMPLETES FIRST PATIENT SATISFACTION SURVEY

CHANGE, Inc. completed its first Patient Satisfaction Survey for Family Medical Care Community Health Center. The survey was handed out in August and September to 490 patients before their appointments, to obtain a 95% confidence level and a margin of $\pm 4\%$.

The survey responses have been calculated and will be used by the Board of Directors and top management to evaluate the services and programs of Family Medical Care and make any needed changes in the operations,

DEMOGRAPHICS OF PATIENTS SURVEYED

- 86.3% were between the ages of 19-64
- 59.8% were insured
- 71.8% were female
- 65.7% were Non-Hispanic
- 91.6% were White/ Caucasian
- 88.4% consider FMC their medical home

access and atmosphere of the health center.

The responses were positive,

with criteria such as ease of getting care, wait time, staff, payment, and facility receiving a good to great rating 89.2% of the time.

Patients also listed the staff of Family Medical Care as what they liked best about the community health center, receiving a majority 63% of the responses.

The Family Medical Care Patient Satisfaction Survey will be conducted annually with a sample size appropriate to the growing patient base.

ST. PADDY'S FEST FAST APPROACHING



CHANGE, Inc.'s annual fundraiser is fast approaching, and sponsors are already lining up to help support the event.

Information about this year's

sponsorship packages will be mailed in January, and tickets will go on sale the same month.

If you are interested in securing your sponsorship early, please call 304-797-

7733 and ask for Lisa.

Be sure to mark your calendar for **March 13, 2009**, and help us make this year's event the most successful fundraiser yet.

RIGHT FROM THE START PROGRAM STARTS AT CHANGE

Having a new baby can be one of the most rewarding times of your life, but it can also be one of the most challenging. Having someone to talk to during your pregnancy and/or after you have your baby can make this time easier.

CHANGE, Inc. has joined other local agencies, such as the health departments, to offer the Right From the Start program to patients of Family Medical Care and eligible women and children in Hancock County.

Right From the Start provides each eligible woman or child a "care coordinator," who will meet with the patient one-on-one during their pregnancy to help them learn ways to have a healthy pregnancy and find resources to meet their needs and the needs of their child.

ARE YOU ELIGIBLE?

To be eligible for Right From The Start you must:

- ◆ Be pregnant
- ◆ Live in West Virginia

- ◆ Have a current, active Medicaid Card or medical coverage through the Office of Maternal, Child and Family Health (OMCFH)
- ◆ Be a Medicaid eligible infant

You may own a home or a car and still be eligible to participate. Also, if you are denied Medicaid coverage for your pregnancy you may still be eligible if you:

- ◆ Meet income guidelines (up to 185% FPL)
- ◆ Have no private insurance coverage for pregnancy
- ◆ Are a pregnant non-citizen (prenatal care only)
- ◆ Are a pregnant teen, age 19 and under, regardless of you/your parent's income.
- ◆ Are pregnant and over 19.

HOW DO I APPLY?

When you have a positive pregnancy test, the medical staff at the site will assist you with the proof of pregnancy and give you the "shortened" application for Medicaid.

Complete the form and submit the application to your county DHHR. You can also submit an online application through inROADs, or contact Health Educator Joan Dayoub.

WHY SHOULD I APPLY?

The Right From the Start Program can help you find assistance with:

- ◆ Paying medical bills for pregnancy care and delivery.
- ◆ Caring for your baby.
- ◆ Services while pregnant.
- ◆ Eating healthy or feeding your baby.
- ◆ Reducing the risk of Sudden Infant Death Syndrome.
- ◆ Obtaining Medicaid coverage for your pregnancy and new baby.
- ◆ Obtaining medical care.
- ◆ Locating Childbirth and Parenting classes.
- ◆ Obtaining transportation to medical appointments.
- ◆ Quitting smoking.

LIGHTHOUSE PLANS ACTIVITIES FOR DV AWARENESS MONTH



In observance of Domestic Violence Awareness Month, The Lighthouse Domestic Violence Shelter and Domestic Violence

Awareness Center will be placing table top displays with information at West Virginia Northern Community College and the Mary H. Weir Public Library. Advocates will be on hand at the community college to answer question and distribute information to students and faculty.

Domestic Violence Awareness Month evolved from the first Day of Unity observed in October, 1981 by the National Coalition Against Domestic Violence. The intent was to connect battered women's advocates across the nation

DID YOU KNOW?

- One in every four women will experience domestic violence in her lifetime.
- One in 33 men have experienced an attempted or completed rape.
- An estimated 1.3 million women are victims of physical assault by an intimate partner each year.
- The majority (73%) of family violence victims are female. Females were 84% of spousal abuse victims and 86% of abuse victims at the hands of a boyfriend.
- Boys who witness domestic violence are twice as likely to abuse their own partners and children when they become adults.

who were working to end violence against women and

their children.

Throughout the month, staff will also be selling domestic violence electric candles as a fundraiser for the shelter. Every candle will be uniquely decorated by the Lighthouse staff and sold for \$4.00. Proceeds from the fundraiser will directly benefit the domestic violence shelter and its residents.

To purchase a candle, please call Lighthouse Coordinator Julie Olszewski at the Domestic Violence Awareness Center (DVAC) at 304-748-0332, or CHANGE, Inc. at 304-797-7733.



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Family Medical Care CHC

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Domestic Violence Awareness Center

3058 West Street ■ Weirton, WV 26062
Phone: (304) 748-0332 ■ Fax: (304) 797-1489
The Lighthouse Domestic Violence Shelter
Phone: (304) 797-7233

Moundsville Outreach Office

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Check us out on the Web

www.changeinc.org
www.lighthousedvs.org
www.familymc.org